

# VOLUNTEER

Our Garden & Gleaning Programs are only as strong as the support of our volunteers. **The more volunteers, the more produce we raise and rescue!** Volunteers can:

- Help us plan, plant, weed, mulch, harvest, and compost.
- Increase the quantity and nutritional quality of the food available for those in need of emergency food assistance.
- Learn about organic gardening.
- Support food security and a sustainable community.
- Get a chance to work outside and get exercise.

## Garden Hours

April–November @ Will Detmer Park —  
4140 W. Vernal Pike  
Mondays 9-11am  
Wednesdays 5:30-7:30pm  
Thursdays 9-11am

## Gleaning Days

June–October @ local farms  
Tuesday and Friday afternoons —  
contact us for details

*Individuals and volunteer groups are needed.*

**For more information:**

**812-334-8374**

**[garden@hhfoodbank.org](mailto:garden@hhfoodbank.org)**



Hoosier Hills Food Bank  
2333 Industrial Park Dr.  
P.O. Box 697  
Bloomington, IN 47404  
812-334-8374  
[www.hhfoodbank.org](http://www.hhfoodbank.org)



Hoosier Hills Food Bank is a 501(c)(3) non-profit organization that provides over three million pounds of food annually to 100 other non-profits serving people with low incomes and personal challenges, children and seniors. HHFB member agencies serve an estimated 7,500 people each week and 25,800 individuals annually.



*Taking the Hunger Out of Poverty*

Volunteers bring fresh, local fruits and vegetables from Indiana farms and the HHFB Garden to those in need of emergency food assistance.

[www.hhfoodbank.org](http://www.hhfoodbank.org)



# GARDEN PROGRAM



Growing our own produce allows us to provide a greater variety of the fresh fruits and vegetables most needed at the food bank.

Volunteers participate in all aspects of planning, planting, weeding, mulching, harvesting, and composting.

It's the opportunity to participate in the tough and gratifying growing process while creating a source of fresh, organic, and nutrient-rich produce less than 2 miles away from the food bank. In 2017, the Will Detmer Park Garden produced over **17,000 pounds** of fresh produce.



A special thanks to Monroe County Parks and Recreation for the long-term donation of 2 acres and use of a tractor at Will Detmer Park.—4140 W. Vernal Pike.



"My time in the garden was a healthy break from office chairs and fluorescent lights. Having that direct contact with the earth as well as the growing cycle for food helped me to think about what really matters in life. At the end of the day, knowing that I had contributed to providing someone with fresh, healthy produce that they otherwise would not have access to was incredibly rewarding."

"Watching the food grow from seeds planted in the spring is pretty incredible and on a harvest day with hundreds of pounds of fresh produce loaded in the truck, you walk away with a sense of pride."

"I looked forward to my weekly garden time and enjoyed making new friends while getting dirty to provide tasty veggies for HHFB clients. Definitely time well spent!"

# GLEANING PROGRAM



## Gleaning is harvesting!

Volunteers travel to local farms and harvest excess fruits and vegetables from the fields.

- \* 20% of all produce grown in commercial agriculture is lost because it is not aesthetically fit to sell.
- \* Perfectly edible fruits and vegetables are left in the fields to rot.
- \* Over 278,000 Indiana households do not have regular access to nutritious food.
- \* In 2017, we gleaned over **100,000 pounds** from local farms.

